



30 PUTIKI ROAD OSTEND WAIHEKE ISLAND

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Home Care Notes for _____

Today I was in hospital for a ☐ Sedation/Anaesthetic and _____

To ensure that I have a smooth and speedy recovery, please take note of the following guidelines:

Rest and Confinement

- it is normal for me to be subdued, sleepy, anti-social and not quite myself for up to 24 hours following a procedure
- drowsiness will make me more vulnerable, wobbly and anxious, so confinement is for safety reasons
- keep me indoors overnight, preferably caged, to limit activity and access to hazards and interference from pets or kids
- I will need a soft, clean bed at floor level, in a warm, draught-free, dark and quiet room with the windows and doors closed

Things to Note

- I may develop a mild cough from the tube inserted to assist with breathing during surgery, this will disappear in a few days
- I may also have a small area of clipped fur on my leg from the IV catheter, blood pressure cuff and/or blood test

Eating, Drinking and Toileting

- ensure that clean, fresh water is within easy reach at all times and my head cone can fit over my food and water bowls
- tonight, if I am alert, give me a small quantity of soft food - I may refuse food or vomit after eating as result of the drugs
- toileting should be done in a confined space, a litter tray on the floor for cats and outside, supervised, on a lead for dogs
- changes to toileting frequency and consistency can be expected for 24 hours

Activity

- dogs must be walked ON LEAD ONLY until suture removal in 10-14 days and cats should be kept indoors for 7 days post op
- running, jumping (including in and out of cars), rough play, chasing balls and tugging must be restricted following stitch-ups and surgeries and no bathing and swimming is allowed

Medication

- please read labels carefully to ensure meds are given as instructed regarding dosage, frequency and with or without food
- if given with food, ensure that the meds are ingested completely, not eaten by other pets and not expelled with vomit

Daily Wound Care

- check daily that my wound is dry and clean – the vet recommends wearing an Elizabeth Collar (Cone) 24/7 for 10-14 days
- please note: cat spays (sutures to be removed in 10-14 days); cat castrations (open incisions, heal naturally in a few days)

Revisits:

- ☐ please bring me in for a free post op check in _____ days _____
- ☐ please bring me in for a free removal of stitches in _____ days _____
- ☐ please bring me in for a bandage change in _____ days _____

IT'S IMPORTANT TO CONTACT THE CLINIC FOR ADVICE OR AN APPOINTMENT IF:

- Your pet is uncharacteristically lethargic, grumpy, agitated, anti-social or in obvious pain
- Your pet has excessive vomiting or diarrhoea or is still refusing food and/or water after 12 hours
- The wound is bleeding, weepy, swollen, red, gaping or the sutures or bandage have been tampered with
- Your pet is licking or chewing at wound, sutures or bandage
- You have difficulty administering medication
- You have any other concerns or questions

Thank you for trusting us with the privilege of caring for your pet.