

Home Care Notes for _____

Today I was in hospital for a Sedation Xray Ultrasound _____

To ensure that I have a smooth and speedy recovery, please take note of the following guidelines:

Rest and Confinement

- it is normal for me to be subdued, sleepy, anti-social and not quite myself for up to 24 hours following a sedation
- drowsiness will make me more vulnerable, wobbly and anxious, so confinement is for safety reasons
- keep me indoors overnight, preferably caged, to limit activity and access to hazards and interference from pets or kids
- I will need a soft, clean bed at floor level, in a warm, draught-free, dark and quiet room with the windows and doors closed

Things to Note

- I may also have a small area of clipped fur where blood was drawn, medications were given intravenously or an ultrasound was performed

Eating, Drinking and Toileting

- ensure that clean, fresh water is within easy reach at all times
- tonight, if I am alert, give me a small quantity of soft food - I may refuse food or vomit after eating as result of the drugs
- toileting should be done in a confined space, a litter tray on the floor for cats and outside, supervised, on a lead for dogs
- changes to toileting frequency and consistency can be expected for 24 hours

Activity

- should be limited to no exercise on the day of sedation and gentle lead walks only on the day after the procedure

Medication

- please read labels carefully to ensure meds are given as instructed regarding dosage, frequency and with or without food
- if given with food, ensure that the meds are ingested completely, not eaten by other pets and not expelled with vomit

IT'S IMPORTANT TO CONTACT THE CLINIC FOR ADVICE OR AN APPOINTMENT IF:

Your pet is uncharacteristically lethargic, grumpy, agitated, anti-social or in obvious pain

Your pet has excessive vomiting or diarrhoea or is still refusing food and/or water after 12 hours

You have difficulty administering medication

You have any other concerns or questions

Thank you for trusting us with the privilege of caring for your pet.