



30 PUTIKI ROAD OSTEND WAIHEKE ISLAND

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Home Care Notes for _____

Today I was in hospital for an Anaesthetic and Dental ☐ without extractions ☐ with _____ extractions

To ensure that I have a smooth and speedy recovery, please take note of the following guidelines:

Rest and Confinement

- it is normal for me to be subdued, sleepy, anti-social and not quite myself for up to 24 hours following an anaesthetic
- drowsiness will make me more vulnerable, wobbly and anxious, so confinement is for safety reasons
- keep me indoors overnight, preferably caged, to limit activity and access to hazards and interference from pets or kids
- I will need a soft, clean bed at floor level, in a warm, draught-free, dark and quiet room with the windows and doors closed

Things to Note

- I may develop a mild cough from the tube inserted to assist with breathing during surgery, this will disappear in a few days
- I may also have a small area of clipped fur on my leg and/or neck where an IV catheter was inserted or blood was drawn
- after extractions, some bloody drool can be expected, this can be cleaned externally but no mouth flushing should be done

Eating and Drinking

- ensure that clean, fresh water is within easy reach at all times
- tonight, if I am alert, give me a small quantity of SOFT food - I may refuse food or vomit after eating as result of the drugs
- should be done in a confined space, a litter tray on the floor for cats and outside, supervised, on a lead for dogs
- changes to toileting frequency and consistency can be expected for 24 hours

Mouth Care - Post Extractions

- if I had extractions, feed me soft chunky food (casserole steak not mince) for the next 10 days
- soft chunky food supports healing as it prevents small pieces packing into the gums where teeth were extracted
- once my gums have completely healed I can go back to my normal wet or dry food
- it's important to check my mouth daily for any excessive bleeding, swelling or bad smell
- sometimes sutures will be placed (large extractions), these are dissolvable and you will be advised of this at discharge
- for 2 weeks I am not allowed any chew toys, bones or any tug-of-war games
- running, jumping and playing must be restricted following extractions and no swimming is allowed until gums are healed

Medication

- please read labels carefully to ensure meds are given as instructed regarding dosage, frequency and with or without food
- if given with food, ensure that the meds are ingested completely, not eaten by other pets and not expelled with vomit

Revisits:

- please bring me in for a free post op check in _____ days _____

To maintain mouth health, we suggest Royal Canin Dental or Hills Science T/D Diets with biscuits designed to reduce the build-up of plaque and tartar. Dental Treats, Aquadent Breath Freshner and Pet Toothpastes are also recommended.

IT'S IMPORTANT TO CONTACT THE CLINIC FOR ADVICE OR AN APPOINTMENT IF:

- Your pet is uncharacteristically lethargic, grumpy, agitated, anti-social or in obvious pain
- Your pet has excessive vomiting or diarrhoea or is still refusing food and/or water after 12 hours
- The wound is bleeding, weepy, swollen, red, gaping or the sutures or bandage have been tampered with
- You have difficulty administering medication
- You have any other concerns or questions

Thank you for trusting us with the privilege of caring for your pet.