



30 PUTIKI ROAD OSTEND WAIHEKE ISLAND

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Physiotherapy

Pets benefit from some physiotherapy to help them regain use of injured legs and reduce muscle loss.

Please follow these basic guidelines:

1. 1-2 times daily would be best.
2. A warm & comfortable place is the ideal place to do the physiotherapy.
3. Have your pet lying on the non-injured side and start by first massaging the muscles of the leg gently to warm & relax them, this should take about 5 mins.
4. Starting from the toes and moving up the leg move each joint approximately 10-15 times by gently flexing and extending it.
5. Then massage the whole leg again for a further 2-3 minutes before allowing your pet to rest.
6. Take short lead walks, stopping intermittently to flex & extend the leg/s 3-5 times and place the paws correctly on the ground if the pet allows you to do so.

Keep going with this for the next 3-4 weeks or until instructed otherwise.

We have a vet nurse trained to perform Physiotherapy after an orthopedic surgery or as an exercise regime for elderly animals.

If you have any questions would like to book a physiotherapy session please call us 372 8387.