

Arthritis Management Plan

Unfortunately, osteoarthritis (OA) is common in both dogs and cats. Depending on how active your pet is, you may or may not have seen obvious limping, but this does not mean there is not pain.

Arthritis is a chronic condition and pets learn to manage it to reduce their discomfort as much as they can.

If your pet has OA, they may show it in subtle ways such as:

- putting more weight on one side than the other
- preferring to sit a certain way
- sleeping more
- occasional limping
- licking a particular spot repeatedly
- losing muscle mass in one place
- reluctance to exercise
- slow to sit and rise
- difficulty with stairs
- growling or crying when being picked by or touched.

Arthritis care is about slowing down the progression of OA, decreasing chronic pain, and maintaining muscle and joint function for as long as possible.

To assess how bad the OA is we should **radiograph** your pet so we can tailor a program with you to suit your animal's current needs.

Together, we can develop a plan to manage the changes and periodically reassess and modify the plan as needed.

Weight management

Chondroprotective injections

Mobility Supplements

Exercise Program

Physiotherapy

Pain Relief